



THE METRO

Volume 2, Issue 3

January 2011

Metro Division Toastmasters



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Together We Can!

To all the Metro Division (MD) members and their families I hope you all had a safe and happy time over this festive season.

Congratulations to all the members, clubs and Area Governors in the Metro Div for completing successful competitions, chartering new clubs, securing new members and for completing awards. In January we all move on to the second half of the Toastmaster's year where we can continue the good work that has been started in the first six months.

Please put the diary dates in this newsletter

in to your diaries RIGHT NOW so that you do not miss the opportunities to grow in toastmasters, to achieve your personal educational awards and to support your colleagues as they move on to new challenges.

Remember, all clubs should aim to send 4 officers to the MD training days in early Feb 2011 and all other club members are welcome to attend.

On March 12th 2011 the Metropolitan Division Annual General Meeting will be held at the Broncos Leagues club at the time of the

Metro Division competitions.

There will be an opportunity to submit motions for consideration at the District Convention in Inverell in May 2011. Please talk about this at your first club meeting for the year and consider registering for the District Convention 2011.

I look forward to seeing you all in this New Year and continuing the Toastmasters learning, listening and leadership experiences

"Together we can"

Joan Faoagali
Metropolitan Division Governor 2010-2011

Area 8



Area 8 Governor
Deb Smith

As 2011 kicks off it's timely to reflect on the first half of our TM year. The members of the clubs of Area 8 and in particular the Club Executives have had a mighty six months.

The networking and camaraderie that has developed between the clubs is a real cause for celebration. I am delighted with the way that clubs

have engaged with each other, visiting their neighbours, enjoying the fun, fellowship and learning from each other. Several clubs have mentioned to me that they plan to make the next six months even better than the first. Plans for building membership and retention, supporting members to achieve their personal and professional goals, interclub visits and

attending events outside of club. Some clubs are also focusing on improved mentoring programmes. These are just a few ways of supporting members developing their communication and leadership skills.

Area 8 winners going on to Metro Division contest are:
•Annie Odell [Humorous]
•Marilyn Davies Evaluation]
•Glen Balneaves [T.Topics]
•Terry Hickson [International]



Area 5 Governor
Margaret Brennan

Area 5

I know that the Area 5 clubs have all been busy in their lead up to Christmas.

Unfortunately a sudden and totally unexpected need to move home in December has meant that, as Area Governor, I have not been able to visit the clubs.

I am now unpacked, Internet and phone lines are up and running and we should be ready for the New Year.

API Toastmasters and Boeing Toastmasters have both had executive elections –

we welcome your new club executive members and hope to see you at Club Officer training.
API-President Chris Denvir
VPE Rona Han
Boeing-President Christine Wallace, VPPR Julia Casey

The second half of 2011 is shaping up to be an interesting and exciting one for the Area especially with our contestants moving forward to represent us at the Metro Division Conference to be held on Saturday March 12 at Broncos Leagues Club.

Area 5 winners are:

- Abbas Hooshmand (Humour)
- Jock Elliott (International)
- Peter Skippington (Table Topics)
- Jock Elliott (Evaluation)

I hope that all Area 5 Toastmasters had a wonderful Christmas and New Year and I am looking forward to working with all the clubs to ensure that all members can achieve their goals.

Margaret Brennan
Area 5 Governor



Area 15 Governor
June Watson

Area 15

Area 15 had a great conference and the winners are congratulated.

Area 15 members and clubs are encouraged to attend the Metro division Conference at the Bronco's Leagues Club to support their Area 15 contestants.

Tony Crimmins will be the Competition Chairman after the great job

that he did at the Area 15 conference.

Look out for the advertising flyer and the Metro Division Conference registration form in this newsletter.

Area 15 is travelling well. New members in all the clubs, Educational awards coming along, Officer training on schedule, fees paid on

time and club visits completed on time.

The second half of the year will be an opportunity to capitalise on the successes of the first half and all members in Area 15 can look forward to personal growth in Toastmasters.

June Watson
Area 15 Governor



Area 18 Governor
Joe Joseph

Area 18

Area-18 started out 2010/2011 Toastmasters year with wonderful Leaders, their Executive Teams and Club Members who strived to go beyond their goals. The Presidents are:

- Brisbane North: Kylie Lowe
- Cherside Communicators: Trish Springsteen
- Good Morning: Bob George
- Powerlink: Denise D'Alton
- Stafford Hts: Asoki Jayawardhana

Now we're heading into the 2nd half of our year. Our Area

motto is: "Together We Can. Together We Will". We dream that:

- Each member in our Club will grow, and go beyond what limited them before.
- Each member is made to feel important and valued.
- We, as powerful, self-motivated teams, work together, making a difference in our lives and in our communities'
- That Our Clubs give every member opportunities to

build their self-confidence, and courage to change.

- That Area-18 be the best Area, each Club becomes the President's Distinguished Club and become Golden Gavel Clubs.

We can't change our past, but we can change our future. Whatever the circumstances or the past dictate let us choose NOT to give up on our dreams.

Joe Joseph
Area 18 Governor

Area 19

Area 19 continues to move from strength to strength through-in 2010.

There are two particularly important milestones.

Boyd Park has seen a steady increase of membership numbers due to the hard work of their club. They have already achieved five of the ten distinguished club goals. They are now nervously waiting for one more member to join their club and they'll reach the twenty-member mark and distinguished club status.

This will be a true reason to celebrate as last year they achieved sufficient objectives to be a distinguished club, but didn't have the required membership.

Royal Brisbane Women's Hospital TM club in formation currently has 15 members and will need 5 more members to charter. They will hold a speechcraft course starting early March and with the anticipated increase in membership we are due to charter the club exactly one year after our very first club meeting.

We are all looking forward to the Metro Division Conference in March and I encourage club members to attend and support the Area 19 contestants.

All of the clubs in Area 19 have similar reasons to celebrate the successes in their own clubs, and I am very proud to be serving them as their Area Governor for the current year.

Mark Griffin

Area 19 Governor



Area 19 Governor
Mark Griffin

Area 21

I hope that everyone had a safe and enjoyable Christmas and New Year. 2011 is shaping up to be a great year for Area 21.

We have 2 new clubs-Agile TM Club who chartered on 4 Nov 2010 & Commbank Brisbane who chartered on 7 Nov. 2010. Congratulations, to both clubs. It's fulfilling to see such young clubs with a number of members having already presented their icebreaker speeches.

Congratulations to all who participated in the Area 21 Conference 13 & 27 October. The following contestants will compete at the Metro Division Conference on 12 March 2011.

Leonard Scuderi Evaluation
John Stavrinoudis (Humorous)
John Stavrinoudis (Internat'l)
Rebecca Fortescue (T.Topics)

Congratulations to Goalsetters who celebrated their 15th Anniversary and received a special patch for

their banner. With 5 out of our 8 Competent Communicators already completed (plus other completed goals) and with over six months to go, achieving our Area Distinguished Program looks very promising.

I'm looking forward to another rewarding six months this coming Toastmasters year delivering greatness together.

Evelyn Ybarzabal
Area 21 Governor



Area 21 Governor
Evelyn Ybarzabal

Area 36

Area 36 has had a bumper year so far with many clubs participating in our inaugural area conference.

We gained a new club (PMIQ). Thanks to TM Barrie Fuller, and A.8 Gov. Deb Smith. Everyone at this club is eager to learn what Toastmasters offers.

Telstra Transit TM has successfully completed a speechcraft course with most participants joining on course completion.

QR has received a plethora of enquiries for the start of the new year plus an ex member returning from Rockhampton.

Aurecon has a strong leadership base with President Jim Harrison tirelessly canvassing employees of his company to benefit from Toastmasters .

Similarly Graham Just from Aeon is performing well as he grows a corporate club.

We are all looking forward to the Metro Division conference as Area 36 are a force in the wilderness yet unheard. I will be also looking for a successor for next year as Area Governor. I **know** that we have the talent to do the job well.

Congratulations to the volunteers who drive our Toastmasters clubs forward. I urge you all to consider being a leader.

Rod Luck Area36 Governor



Area 36 Governor
Rod Luck



Metro Conference Registration

“Achieving Greatness Together”

Date: Saturday, 12 March 2011

Time: 8:00am registration & briefings 8:45am—4pm conference & contests

Venue: Broncos Leagues Club Fulcher Road, Redhill—The Auditorium

Cost: \$36:00 per person—includes Lucky Door Prize, all day tea and coffee, morning tea, full buffet lunch at Players Buffet & Grill with a choice of roast, asian or pasta dishes, salads & desserts.

Halfday: \$15:00 lunch **NOT** included 8:45—12 noon or 1—4 pm

At Door: \$40:00—cash or cheque, eftpos or credit card facilities not available

Parking: There is plenty of parking, street or front and rear of venue
Disability parking in rear car park

Title: _____ 1st Name: _____ Surname: _____

No. Attending: _____ Club Name: _____

Email: _____ Ph: _____

Total Payable: _____ Method of Payment: _____

Contestant: Yes No District Officer: Yes PDG: Yes

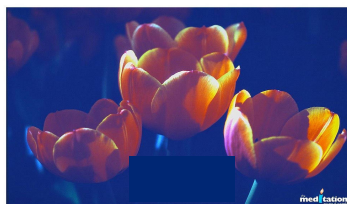
Registrations Close: 5pm Tuesday 1 March 2011

Send to: Mike Nolan, Div Treasurer Email: MichaelPNolan@gmail.com

Payment Details: A/C Name: Metropolitan Division Toastmasters

Direct Deposit: BSB 484799 Account: 058880231 Ref: **“Your Name”**

Cheque: Mail to: Mr M. Nolan 2/105 Hall Street Alderley Q 4051



Use your communication and evaluation skills to Inspire, Educate and Help Others!

Leaving a Legacy!

By Mark Hunter World Champion 2009

Stephen Covey says, amongst others, that the essence of human fulfilment is to leave a legacy. This we can do in many ways. Obviously, if we have children, then the legacy we leave will be in the hearts and minds of those children. However there are other places where we can leave our legacy; within our workplace, our extended family and of course in the hearts and minds of those who are our fellow Toastmasters.

To be conscious of this role in our lives is to maximize the outcomes in both ourselves and others. To be aware that this is our responsibility and consciously act on this responsibility, is to develop our potential as a communicator and a leader.

As part of our membership of Toastmasters, we have multiple opportunities to leave a legacy.

Some of us, as Toastmasters, will have opportunities to leave this legacy in different groups. I have the privilege of working for many groups both within and outside Toastmasters, and I take this responsibility very seriously. We all should, when we are approaching the opportunity to speak at either a club meeting or an event outside Toastmasters.

Generally I believe it could be said that we prepare very thoroughly when we have an 'outside' speaking engagement. But this may not be the case when we have an assignment at a Toastmaster's meeting. If we are to leave a legacy within our clubs, then we need to prepare for our manual speech assignments with as much commitment as if we were speaking

to an outside audience. By preparing in such a manner, we are respecting the time gifted to us by our club members, and we are maximising our potential, and therefore our capacity to leave a legacy. This legacy will be the impact we leave with our listeners after we have delivered a well prepared speech.

There is another aspect of being a Toastmaster that has the potential to leave a legacy. This is in the art and science of evaluation.

Evaluations are at the core of our growth as a leader or as a speaker. I would never have been able to become World Champion of Public Speaking had I not been able to access clear, analytical and incisive evaluations.

When giving an evaluation, your task is to make the other Toastmaster the best they can be. Your task is not to make them another you, or to change their essence so they look like or become a clone or someone else.

Perhaps this is best explained in this short story. In Australia we have a tradition that means whenever we meet formally, particularly when it involves government, that time is taken to acknowledge the traditional custodians of the land upon which we meet.

This means acknowledging the Indigenous who were here before us. On one particular occasion, the Aboriginal speaker showed the audience a rock. Within the rock a small amount of water had been trapped. The owner of the rock

had rubbed and rubbed the rock so one side was flat and smooth. A small amount of water was visible through the quartz. This rock could have been used for many purposes, including perhaps determining the level of an object. The speaker then said that if the owner of the rock had rubbed the rock so much that the water was exposed and evaporated, the rock would have been just like any other rock.

So it is with our evaluations. Our task is to help the other Toastmaster become the best they can be, without taking from them their originality, their person, their essence. When we do this we leave a legacy that is most appropriate for the other Toastmaster. We 'rub' them until they become what they can be. That is our task. That is our obligation. That is our gift when we give an effective evaluation.

In summary, we have multiple opportunities in which we can leave a legacy. We can do this by preparing the best we can for our speaking assignments, and we can also do this by giving evaluations which enables the other to become the best they can be.

Toastmasters is an amazing organisation, and you make it so.



Mark Hunter
World Champion of Public Speaking
2009. www.markhunter.com.au



Metropolitan Division Support Officers—Only a Phone Call Away

Name	email	Phone (m)	Phone (h)	Phone (w)	Role
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Richard Hansen	Richard@richardhansenonline.com	0419676284	30406694		Div'n Webmaster
Leonard Scuderi	toastmasters@kalebo.co.uk	0412422313			Metro Div VPED
Heather Rhead	H.rhead@bluecare.org.au		33421183	33773395	Div'n.Parliamentarian
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Rod Luck	rodluck@bigpond.com.au	0424156862			Area 36 Governor

Please note that this contact information is for Toastmasters business only and may not be used for any other purpose.

Dates for Your Diary!

- **Metro Div Education and Training**— again three opportunities for club executives and members to attend training:
3rd Feb @ HACC rooms Prince Charles Hospital, Chermside; or
5th Feb St Joseph's College Spring Hill; or
9th Feb Level ?? Telstra Building Brisbane George Street Brisbane
- **Toastmasters Week 14th Feb – 20th Feb:**
This is a chance to organise a special event at your club and invite local community organisations or guests so we can promote all that is terrific about Toastmasters.
- **Area 8 Interpretative Reading and Novice Speaker Contests**
Sunday - 24th February @ The Auditorium – Eventide, Brighton.
- **Metro Division Conference:**
Saturday 12 March, Bronco's Leagues Club Fulcher Road Redhill
- **District Conference 29th April – 2nd May @ Inverell**
Friday 30 April to Monday 2 May 2011—**Sparkle Best In The West**
Inverell Town Hall, Otto Street Inverell— go to www.toastmastersd69.org/events/district-69-convention-2011
- **Includes Election of District Officers:** Nominees: District Governor-John Kay, Lt.Gov.Education & Training—Charlie Starrett , Lt. Gov Marketing—Marilyn Freeman, Carolyn Phillips, Jim Jaeger

The Importance of Good Communication Skills!

